

Program Completion Plan (Eight Semester Plan)

Department: _____ Health Sciences **Degree:** _____ BS
Program/Major: _____ Health Education
Track/Emphasis: _____
Does this program require a minor? (Yes/No) _____ No

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <http://uca.edu/ubulletin2014/general-policies-information/uca-core/>
Degree Requirements: <http://uca.edu/ubulletin2014/general-policies-information/degree-requirements/>
<http://uca.edu/ubulletin2014/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-health-sciences/>
Program Description: <http://uca.edu/ubulletin2014/courses/>
Course Descriptions: <http://uca.edu/ubulletin2014/courses/>

This degree program requires a total of **120** semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](http://uca.edu/go/ubulletin2014-ldcore/) (<http://uca.edu/go/ubulletin2014-ldcore/>) takes the user to the *Undergraduate Bulletin*'s UCA Core page, where UCA Core options and ACTS course numbers are listed in full; an [acts link](http://uca.edu/go/acts) takes the user to the *Undergraduate Bulletin*'s ACTS page (<http://uca.edu/go/acts>) for additional information and a full UCA-ACTS crosswalk.

Year 1

Fall – Semester 1 (credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing	3	ENGL1013
MATH BIOL	1390 or 1400	College Algebra or Biology for General Education	3	MATH1103 BIOL1004
H ED	1320	Concepts of Lifetime Health	3	
PSYC or SOC	1300 or 1300	General Psychology or Principles of Sociology	3	PSYC1103 SOC1103
		UCA Core (Oral Communication) ¹	3	core link

Spring – Semester 2 (credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL MATH	1400 or 1390	Biology for General Education or College Algebra	4	BIOL1004 MATH1103
WRTG ENGL	1320 1320	Academic Writing and Research or Interdisciplinary Writing and Research or Other approved alternative	3	ENGL1023 ENGL1023
H ED		Major Elective (HED 2320: Mental Health suggested)	3	
		UCA Core (Diversity in World Cultures – Social Sciences Only) ¹	3	core link
H ED	2201	First Aid	2	

Year 2**Fall – Semester 3 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
		UCA Core (Inquiry & Analysis – Fine Arts Only)1	3	core link
BIOL	2405	Anatomy and Physiology	4	
H ED		Major Upper Division Elective	3	
		UCA Core (Inquiry & Analysis: American History & Government)1	3	core link
		General Elective	3	

Spring – Semester 4 (credit hours: 14)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	2411	Microbiology in Human Affairs	4	BIOL2004
HED	3301	Theoretical Basis in HED	3	
		UCA Core (Diversity in Creative Works – Humanities Only)1	3	core link
		UCA Core (Physical Science)1	4	core link

Year 3**Fall – Semester 5 (credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	3320	Epidemiological Research	3	
		Upper Division Elective	3	
		Upper Division Elective	3	
		Upper Division Elective	3	
PSYC	2330	Psychological Statistics	3	

Spring – Semester 6 (credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4331	Program Planning and Evaluation	3	
		Upper Division Elective	3	
H ED	3300	Methods and Materials	3	
		General Elective	3	
		General Elective	3	

Year 4**Fall – Semester 7 (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4370	Administration of Health Programs	3	
H ED	4320	Health Promotion Interventions	3	
		General Elective	3	
		General Elective	3	
H ED	4300	Community Health Programs	3	

Spring – Semester 8 (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
		General Elective	3	
H ED	4600	Internship in Health Education	6	
		General Elective	3	
		General Elective	3	

 SIGNED – DEPARTMENT CHAIR

 DATE

 SIGNED – COLLEGE DEAN

 DATE

To be completed by the advisor when an Eight-Semester Plan is accepted by the student:

If applicable, has student selected a minor? Type “x” as appropriate. X No Yes

If “yes,” specify: _____

Notes

¹ See appropriate choices, alternatives, or substitutions under "UCA Core" in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. A lab science (BIOL 1400 or a Physical Science) and MATH 1360/MATH 1390 should be taken in the first year if possible. The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core.